

## I Really Want to Play Hockey. Are These Classes for Me?

We love hockey and we want everyone to love it as much as we do! And it's never too late to learn how to play.

Our goal is to help develop and improve your skills and round out your game. We'll teach you everything you'll need to play recreational or competitive hockey and have fun while you're learning.

We'll start with fundamental hockey skills: power skating, stick handling, passing and shooting. We'll work on proper skating techniques and the tactics required to play hockey, including proper stance, weight transfer, stopping, edging and direction changes.

We'll practice a blend of drills to challenge your endurance, coordination and footwork, tailored to your ability and skill level. Here are some things we'll focus on:

- Skating fundamentals
- Stride work and getting to know your edges
- Basic shooting, passing, and scoring drills
- Offensive and defensive positional concepts

And at the end of each class we'll run a controlled scrimmage so everyone can practice what they've learned.



## Terms and Conditions

- All Adult Hockey participants must be current members of USA Hockey. Membership runs from 9/1 to 8/31 in any given year. To enroll or renew your membership, go to [usahockey.com](http://usahockey.com)
- All fees must be paid in advance. No refunds or credits or class/clinic transfers.
- \$15 late fee applicable for registration after stated deadline.
- Missed classes, activities, reservations or sessions of any kind (including due to COVID-19 and/or quarantining) cannot be transferred to another session, rescheduled, credited or refunded for any reason unless cancelled by World Ice Arena. Your registration guarantees you a space in the class regardless of your attendance.
- We reserve the right to change or cancel the time or day of a class or clinic. If fewer than four skaters enroll in a class, that class may be cancelled or combined with another class.

### **Any questions?**

Contact Jeff Olsen at  
[jolsen@cityicepavilion.com](mailto:jolsen@cityicepavilion.com) or call  
**(718)706-6667 ext.8003**

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*For Adults Only!*  
**Learn  
to Play  
Hockey!**

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**Classes for  
Everyone!  
Beginner through  
Advanced!  
2022-2023 Season**

## Do You Want to Skate and Play Hockey? We've Got Just the Classes for You!

Learning how to skate or need work in stick and puck handling? Bring your hockey gear and get started!

Sessions 1-5 are Wednesdays or Fridays on the Studio Rink, from 7:30-8:50 pm. (Session 6 is Fridays on the main ice sheet.) Wednesday is Fundamentals, Friday is for Advanced skaters.

**Wednesday or Friday Evenings  
on the Studio Rink, 7:30-8:50 pm**

### **Session 1 (Seven Weeks)**

September 7-October 21

**Registration deadline, August 31**

### **Session 2 (Seven Weeks)**

October 26-December 16

(No classes November 23-25)

**Registration deadline, October 19**

### **Session 3 (Seven Weeks)**

January 4-February 17

**Registration deadline, December 28**

### **Session 4 (Eight Weeks)**

March 1-April 28

(No classes April 7-12)

**Registration deadline, February 22**

### **Session 5 (Eight Weeks)**

April 26-June 23

(No classes May 24-26)

**Registration deadline, April 19**

**Friday Evenings  
on the Main Ice Sheet, 7:00-8:20 pm**

### **Session 6 (Eight Weeks)**

July 5-August 25

**Registration deadline, June 28**

## Cost and Timing

Sessions 1-5

Seven Weeks

**Wednesday or Friday, \$350**

**Wednesday/Friday Combo, \$630**

**Eight Weeks**

**Wednesday or Friday, \$400**

**Wednesday/Friday Combo, \$720**

**Session 6**

**Eight Weeks**

**Fridays, \$400**

**Walk-in, \$60**

**Full Gear is Required for all Classes.**



## Get Geared Up!

Helmet with cage

Shoulder Pads

Elbow Pads

Hockey  
Pants

Shin Guards

Hockey Stick

Hockey Skates

Hockey  
Gloves



Visit West Side Skate at City Ice Pavilion to purchase your gear (helmet with cage, hockey gloves, hockey skates, shoulder pads, shin and elbow pads, hockey pants and hockey stick) or any other equipment you might need!

