

## **I Really Want to Play Hockey. Are These Classes for Me?**

We love hockey and we want everyone to love it as much as we do! And it's never too late to learn how to play. Our goal is to help develop and improve your skills and round out your game. We'll teach you everything you'll need to play recreational or competitive hockey and have fun while you're learning.

We'll start with fundamental hockey skills: power skating, stick handling, passing and shooting. We'll work on proper skating techniques and the tactics required to play hockey, including proper stance, weight transfer, stopping, edging and direction changes.

We'll practice a blend of drills to challenge your endurance, coordination and footwork, tailored to your ability and skill level. Here are some things we'll focus on:

- Skating fundamentals
- Stride work and getting to know your edges
- Basic shooting, passing, and scoring drills
- Offensive and defensive positional concepts

And at the end of each class we'll run a controlled scrimmage so everyone can practice what they've learned.

All skaters must be graduates of Adult 3 (or equivalent) and must be competent with these skills: forward stroking, forward half-swizzle pumps, backward to forward two-foot turns, backward skating, forward chasses, backward snowplow stop, prior to registration.




## **Terms and Conditions**

- All Adult Hockey participants must be current members of USA Hockey. Membership runs from 9/1 to 8/31 in any given year. To enroll or renew your membership, go to [usahockey.com](http://usahockey.com)
- All fees must be paid in advance. No refunds or credits or class/clinic transfers.
- Missed classes, activities, reservations or sessions of any kind (including due to COVID-19 and/or quarantining) cannot be transferred to another session, rescheduled, credited or refunded for any reason unless cancelled by World Ice Arena. Your registration guarantees you a space in the class regardless of your attendance.
- We reserve the right to change or cancel the time or day of a class or clinic. If fewer than four skaters enroll in a class, that class may be cancelled or combined with another class.

**Any questions? Contact**  
[youthhockey@cityicepavilion.com](mailto:youthhockey@cityicepavilion.com)  
or call (718)706-6667  
ext.8003

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*For Adults Only!*  
**Learn  
to Play  
Hockey!**

**cityice  
pavilion**

**Classes for  
Everyone!  
Beginner through  
Advanced!**

**2024-2025 Season**

## Do You Want to Skate and Play Hockey? We've Got Just the Classes for You!

Learning how to skate or need work in stick and puck handling? Bring your hockey gear and get started!

Sessions 1-5 are Wednesdays or Fridays on the Studio Rink, from 7:30-8:30 pm. Session 6 is Fridays on the main ice sheet, 7:00-8:20 PM. Wednesday is Fundamentals, Friday is for Advanced skaters.

### Wednesday or Friday Evenings on the Studio Rink, 7:30-8:30 pm

#### FALL 1 Session 1 Seven Weeks

September 11th–October 25th

Registration Opens: SUNDAY, Aug.18th at 12:00 pm

**Deadline: Tuesday, September 3rd**

#### FALL 2 Session 2 Seven Weeks

October 30th–December 20th

(No Class: November 27th & November 29th)

Registration Opens: SUNDAY, Oct.13th at 12:00 pm

**Deadline: Tuesday, October 22nd**

#### WINTER Session 3 Eight Weeks

January 8th–March 7th

(No Class: February 19th & 21st)

Registration Opens: SUNDAY, Dec. 8th at 12:00 pm

**Deadline: TUESDAY, December 31st**

#### SPRING 1 Session 4 Seven Weeks

March 12th–May 2nd

(No Class: April 16th & April 18th)

Registration Opens: SUNDAY, Feb.23rd at 12:00 pm

**Deadline: TUESDAY, March 4th**

#### SPRING 2 Session 5 Seven Weeks

May 7th–June 27th

(No Class: May 23rd & May 28th)

Registration Opens: SUNDAY, April 13th at 12:00 pm

**Deadline: Tuesday, April 29th**

#### SUMMER Session 6

Friday Evenings on the Main Ice Sheet,  
7:00-8:20 pm

Seven Weeks

July 16th–August 29th

Registration Opens: SUNDAY, June 15th at 12:00 pm

**Deadline: Tuesday, July 8th**

### Costs, Sessions 1-5 Seven Weeks

Wednesday or Friday, \$350,  
after registration deadline \$365  
Wednesday/Friday Combo, \$630,  
after registration deadline \$645

#### Eight Weeks

Wednesday or Friday, \$400,  
after registration deadline \$415  
Wednesday/Friday Combo, \$720,  
after registration daedeadline \$735

### Cost, Sessions 6 Seven Weeks

Friday, \$350, after registration deadline \$365

**Full Gear is Required for all Classes.**



## Get Geared Up!



Visit West Side Skate at City Ice Pavilion to purchase your gear (helmet with cage, hockey gloves, hockey skates, shoulder pads, shin and elbow pads, hockey pants and hockey stick) or any other equipment you might need!

