

cityice pavilion

Freestyle Session Etiquette & Safety Policy

To ensure freestyle sessions are a safe, productive, and respectful environment for all skaters, parents, and coaches, City Ice Pavilion has implemented the following comprehensive guidelines. All participants are required to review and adhere to these rules before entering the ice.

Safety Rules

- **Equal Ice Access:** All skaters pay for ice time and have equal rights to use the entire surface.
- **Right of Way:** Skaters running their full programs (music playing) have priority. Skaters in lessons come next. Please be courteous and avoid running programs repeatedly; three consecutive runs is considered excessive. Always yield respectfully and take turns.
- **Respect & Courtesy:** Use polite phrases like 'excuse me' if another skater is unaware of your approach and 'I'm sorry' when blocking or cutting someone off unintentionally. Safety and communication are key.
- **Jumps, Spins, and Patterns:** All jumps should be executed near rink ends, spins in the center. Long edges, spirals, and figure-like elements should be practiced outside the primary traffic flow. Coaches should ensure students practice in safe areas.
- **Group Skating:** A maximum of three connected skaters is allowed. No large formations during freestyle sessions.
- **Movement:** Keep moving to avoid obstructing others. Skaters standing still should move to the boards. Coaches may not stand in the middle to teach; they must stay near the boards or move with the student.
- **Falling:** If you fall, get up quickly to prevent collisions and injury.
- **Entering/Exiting:** Always check both directions when stepping on or off the ice.
- **Parent Conduct:** Parents are not allowed to coach or shout instructions from the boards, glass, or benches. This behavior is distracting and dangerous.
- **Coaching Guidelines:** Only City Ice Pavilion–approved coaches may teach. No more than two skaters per lesson. Academy-style or large group lessons are prohibited during freestyle.
- **Headphone Policy:** Only one earbud is allowed; large or noise-canceling headphones are prohibited.
- **Virtual Lessons & Testing:** Virtual lessons are not permitted. Virtual testing must be done during designated sessions to ensure safety.
- **Filming Rules:** All filming must occur from rink boards. Following a skater on the ice while filming is prohibited.

Music

- Lesson skaters have **music priority**.
- If other programs are waiting, music may **not be restarted**. Each program should be played once from beginning to end without interruption.
- **Stopping or changing another skater's music without permission is strictly prohibited.**
- Practice music may be played when no programs are waiting in the queue. All music must be appropriate for the rink; explicit or offensive content is not permitted.
- When working on a specific section of choreography, the same section may be played a **maximum of three times in a row**.
- As a courtesy to other skaters, please use **one earbud only** when practicing individual moves or choreography with your own music. The other ear should remain uncovered so you can hear your surroundings and maintain awareness of other skaters on the ice.
- Skaters must wear a **yellow belt while running their program** so other skaters can easily identify them and safely yield the right of way.

Before and After Sessions

- All skaters and guest coaches must check in at the front desk and pay before stepping on the ice.
- Do not enter the ice surface until Zamboni doors are fully closed.
- Personal belongings should not be left along the boards. Items like tissues or guards left on the ice can damage equipment and create hazards.

Sportsmanship and Conduct

- Unsportsmanlike conduct such as yelling, profanity, bullying, harassment, and intimidation is strictly prohibited on the ice, in the lobby, and parking lot.
- All coaches are responsible for enforcing safety policies regardless of who they are coaching. Respectful communication is expected at all times.
- Repeated or severe violations will result in warnings, suspension, or expulsion from freestyle sessions.